

Missouri Psychiatric Physicians Association

presents

“Emergent Issues in Psychiatry”

Holiday Inn Executive Center

Columbia, Missouri

Saturday, September 28, 2019

Jointly Provided by the American Psychiatric Association and the Missouri Psychiatric Physicians Association

Preliminary Agenda

FRIDAY, SEPTEMBER 27, 2019

5:00 - 7:00 pm Resident and Medical Student Social (with mentoring about resume preparation)

7:00 - 9:00 pm Executive Committee Dinner Meeting

SATURDAY, SEPTEMBER 28, 2019

7:00 - 8:00 am Registration, Continental Breakfast, Poster and Exhibits Set-Up

8:00 - 9:00 am **Catatonia**

This lecture will cover the basic history and current literature of psychiatric and medical catatonia that every psychiatrist should know. This talk will highlight the association of catatonia with delirium in critically ill patients, including a review of Dr. Wilson's recent work from her Delirium and Catatonia Prospective Cohort Investigation (Critical Care Medicine, 2017). This talk will describe treatment approaches for the catatonic patient in various medical environments, taking into consideration medical and psychiatric comorbidities.

OBJECTIVES

1. Understand the diagnostic criteria and screening approaches to evaluate for catatonia.
2. Appreciate the potential overlap of catatonia with delirium in medical and psychiatric populations.
3. Describe treatment approaches for catatonia in a variety of contexts.

Speaker: Jo Ellen Wilson, MD, MPH, Assistant Professor of Psychiatry and Behavioral Sciences, Vanderbilt University Medical Center, PhD Student in Epidemiology, Vanderbilt University

9:00 - 10:00 am **Delirium**

This lecture will describe the essential history and relevant literature regarding delirium. This talk will cover basics such as: the epidemiology, diagnostic criteria, common screening instruments, morbidity, mortality and treatment approaches to the delirious patient.

OBJECTIVES

1. Recall diagnostic criteria for delirium according to the DSM-5 and appreciate screening instruments used to evaluate for delirium in different patient populations.
2. Understand risk factors for the development of delirium.
3. State potential morbidities and mortality resulting from delirium.

Speaker: Jo Ellen Wilson, MD, MPH, Assistant Professor of Psychiatry and Behavioral Sciences, Vanderbilt University Medical Center, PhD Student in Epidemiology, Vanderbilt University

10:00 - 10:30 am Break to View Exhibits and Posters

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- 10:30 - 11:30 am **Gay Issues in Psychiatry in the Early 21st Century**
OBJECTIVES
1. Participants will learn about the rapid change in acceptance of gay people in American culture and the impact on those who grew up prior to these changes.
 2. Participants will learn about the perspective of a gay person who is a psychiatrist.
 3. Participants will become aware of and sensitive to the issues of gay patients at different ages.
- Speaker: James R. (Bob) Batterson, MD, DFAPA, DFAACAP, Division of Developmental and Behavioral Health, Child and Adolescent Psychiatry Section Chief, Children's Mercy Kansas City, Associate Professor, UMKC School of Medicine**
- 11:30 - 12:30 noon **Poster Session & Awards for Best Posters**
Moderator: Anjan Bhattacharyya, MD, Associate Professor of Psychiatry and Internal Medicine, Saint Louis University
- 12:30 - 1:00 pm Lunch with Exhibitors
- 1:00 - 2:00 pm **The Endocannabinoid System: A Clinical Perspective**
The endocannabinoid system, including its cannabinoid receptors, ligands and enzymes, plays an important role in how the brain works. This lecture will look at what the endocannabinoid system does, how it is affected in psychiatric illness and how exogenous cannabinoids, such as THC and cannabidiol can change these effects.
OBJECTIVES
1. Have a better understanding of how the endocannabinoid system works
 2. Have a better understanding of the effects of the endocannabinoid system on disease states
 3. Have a better understanding of how exogenous cannabinoids affect the brain
- Speaker: Donald D. Bohnenkamp, MD, Associate Professor of Psychiatry, Washington University School of Medicine-St. Louis**
- 2:00 - 2:30 pm Break to View Exhibits
- 2:30 - 3:30 pm **Medical Marijuana in Missouri**
Varieties of cannabis plants have been used for centuries for different industrial uses. In Colonial America, cannabis was widely used for manufacturing of rope, fibrics, and even fuel. In 1850's medical cannabis started appearing as treatments for a variety of conditions. In the 1900's, US laws were passed criminalize cannabis and describe it having no medical use and high abuse potential. Now, marijuana policies are being re-examined as 33 States have passed Medical Marijuana laws and 11 States have approved recreational use. This lecture will look at historical events that have led to current policies and examine role of physicians during this movement.
OBJECTIVES
1. History of the cannabis plant.
 2. History of Marijuana policy in US.
 3. Current Medical Marijuana laws in Missouri.
- Speaker: Arturo C. Taca, Jr., MD, Medical Director, INSynergy**

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3:30 - 4:30 pm

The ED Approach to Psychiatric Patients

This lecture will begin with the historical overview of emergency psychiatry and its effect on Emergency Departments today. An overview of the dangers of ED overcrowding and its relationship with workplace violence along with the medical approach to these patients will be discussed. Literature regarding these issues will be reviewed along with national guidelines. Lastly, alternative destinations other than EDs will be presented.

OBJECTIVES

1. Recall the history of emergency medicine and the role of the psychiatric patient
2. Summarize available research regarding management of psychiatric patients in the Emergency Department
3. Recognize alternative treatment options for psychiatric patients

Speaker: Christopher Sampson, MD, FACEP, Program Director, Emergency Medicine Residency, Assistant Medical Director, MU Emergency Medical Services, Department of Emergency Medicine, Associate Clinical Professor, University of Missouri-Columbia

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and Missouri Psychiatric Physicians Association (MPPA). The APA is accredited by the ACCME to provide continuing medical education for physicians.

The APA designates this live activity for a maximum of *6.0 AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation Statement for CEU Credit

Non-physician attendees who seek Continuing Education Units (CEUs) should consult the appropriate Rules & Regulations/Statutes and/or professional registration board governing their profession in the state in which they practice and hold license.

Completing the Evaluation, Claiming Credit, and Receiving a Certificate

At the conclusion of the conference through December 2019, physician participants will be provided with an opportunity to evaluate the conference and receive a CME credit certificate by completing an online evaluation accessed through the American Psychiatric Association Learning Center at education.psychiatry.org. Non-physician participants will have the opportunity to receive a certificate of attendance.

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Registration

Name _____ Degree(s) _____

Organization _____

Address _____

City, State Zip _____

Phone _____ Email _____

CONFERENCE FEES

(Fees includes materials, breaks and lunch.)

<input type="checkbox"/> APA/MPA Member	\$100	\$ _____
<input type="checkbox"/> Non Member	\$150	\$ _____
<input type="checkbox"/> Resident	\$25	\$ _____
<input type="checkbox"/> Student	\$10	\$ _____
<input type="checkbox"/> Other Mental Health Professional	\$50	\$ _____
Total Amount Enclosed		\$ _____

HOTEL INFORMATION

Holiday Inn Executive Center
2200 I-70 Drive SW
Columbia, MO 65203

A block of rooms has been reserved at the Holiday Inn Executive Center at a discounted rate of \$109.95 for single or double occupancy. Call 573-445-8531 and mention "Missouri Psychiatric Physicians Association" to receive the convention rate by August 30, 2019.

PAYMENT OPTIONS

(Payment must accompany registration form.)

MasterCard/Visa/Discover/American Express or Check Enclosed

Card # _____ Exp. Date _____ V-Code _____

Mail registration forms and payment to MPPA, 722 East Capitol Avenue, Jefferson City, MO 65101.

Registrations can be faxed to 573-635-7823 or emailed to missouripsych@gmail.com. For questions call 573-635-5070.

Deadline for registrations is September 20, 2019.